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Students rally against 'threat' to tuition

POST-SECONDARY

Fears of unregulated fees prompt call to action



Jessica Botelho-Urbanski ForMetro|Winnipeg

For the first time in four years, Manitoba students are rallying as part of a national coalition calling for cheaper tuition costs and more financial support for post-secondary schools.

The National Day of Action is taking place in more than 30 cities and involves students from Winnipeg universities — the University of Manitoba, University of Winnipeg and Université de Saint-Boniface — marching from the U of W to the Manitoba Legislative Building Wednesday afternoon to have their voices heard.

"We've seen rising tuition fees in Nova Scotia and massive cuts in Newfoundland and now the threat of unregulated tuition fees here in Manitoba. There's been so many different examples of increases and cuts to our postsecondary education across the country," said Canadian Federation of Students' Manitoba chairperson Michael Barkman.

"And it's one of our selling features to have such affordable rates (in Manitoba). If that's something that we eliminate in this province, I think that would be really serious for our economy, for our society and for the province.

Barkman said Manitoba's education minister Ian Wishart was invited to listen to students' concerns at the Day of Action, but he will not be attending because of "prior commitments," according to a spokesperson.

In an interview with The Canadian Press in early October, Wishart said provincial tuition costs are under review and hinted they may soon increase.

"Right now, we're the thirdlowest in the country (for tuition fees), you know, certainly that is a challenge for many of our postsecondary institutions," Wishart said Oct. 4.

In an emailed statement, Wishart's spokesperson said the education and training department is still "in the process of reviewing options to ensure long term sustainable funding for Manitoba's post-secondary institutions in order to provide quality education that is affordable for students."

The department didn't say when the review would be over. The province has committed to funding more scholarships and bursaries, but those may not be enough to help Manitoba post-secondary students who are already burdened by an average of about \$20,000 each in public debt, Barkman said.

"Last year when we saw fee increases at the U of M between 10 to 18 per cent, I personally talked to people who said that (increase) meant making the decision between staying in this province or staying in school," he said. "I don't think that's healthy for our economy and our province."



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Your essential daily news

Finance Minister Bill Morneau's economic statement boosts infrastructure spending. Canada

Movember: Not just Mo of the same

HEALTH

New campaign tackles suicide and male life expectancy



Braeden Jones Metro Winnipeg

November doesn't just bring wintery weather. It also marks the start of moustache season and annual Movember campaigns.

This year's campaign message comes with new goals, said Tyler Stewart, chairman of Movember Winnipeg.

"The message you'll see a lot this year is we want to stop men dying too young," Stewart said.

Research indicates men die on average six years younger than women, and what's more, 75 per cent of all suicide victims are men.

"So Movember has two new long-term goals," Stewart said. "We want to halve that life expectancy gap to three years by 2020, and reduce the number of male suicides by 25 per cent."

He admits it's ambitious, but that's why it's such an exciting time to get involved.

"It's why we're out and about and spreading the good word about Movember, because we really need the community's support to help meet those goals," Stewart said.

As always with Movember, the primary way people can show their support and contribute to spreading the message is by growing a moustache.

Another way, introduced last year, is by being more active for the month to raise awareness of men's health by promoting physical fitness.

"We encourage people to go to movember.com and register to track their physical fitness and move events throughout the month," Stewart explained, adding he's personally planning to run a kilometre for every \$10 he raises through his campaign efforts.

On Thursday, Stewart and Winnipeg Movember ambassadors officially kicked off the local campaign with a shaveoff at The Pint with the help of Tommy Gun's Original Barber-

Stewart said he knows everyone is familiar with Movember by this point, and hopes that the new goals and campaign focus kicks interest up a notch.







Mark Zaporzan has his beard trimmed by Anita Klippenstien of Tommy Gun's Original Barbershop at The Pint as Movember kicks off Nov. 1 in Winnipeg, LYLE STAFFORD/FOR METRO

GIMME MO' SUGAR A BAKERY OWNER'S SWEET GESTURE

Local man offers up cookies for the cause

Last November, local bakery owner Alix Loiselle of La Belle Baguette made sugar cookies in the shape of moustaches, and raised \$1,500 for Movember.

This year, he's officially partnered with Stewart and the local campaign.

"I employ mostly women, and they're not going to start growing moustaches," he joked. "We sell the moustache cookies for \$3 and we donate a dollar from each."

La Belle Baquette will donate an extra dollar from each cookie when-

ever someone uploads a moustache-cookie-selfie to social media with hashtag #LBBMO2016

"Sometimes people pay us more for the cookies so we donate more to the campaign," he said. "I think we can raise even more money this year."

LICENSING

Blue Nile owner seeks ruling to open controversial west-end bar



Stephanie Taylor Metro Winnipeg

A Winnipeg businessman who's failed to get city hall onside with his west-end bar proposal is taking the case to court.

Girma Tessema, the owner of the Blue Nile Restaurant and Hookah Lounge, has applied to

re-open Rift Valley Restaurant - destroyed in a fire back in February — at 626 Sargent Ave., site of a former Royal Canadian Legion.

In September, the city's appeals committee confirmed a decision by the Board of Adjustment not to grant Tessema a conditional use to open his proposed restaurant and bar, after hearing the area-councillor, a community group and police voice concerns the business would attract violent crime.

City staff also cited concerns about inadequate parking for the size of the development.

Tessema was unable to attend the board's meeting, but appeared at the appeals committee.

The would-be restaurant would hold 400-plus people and include a dance floor, banquet hall and patio.

Last Thursday, his lawyer, Chesley Morgado, filed a notice of application for an adjudication of the appeal at the Court of Queen's Bench.

According to the application, Tessema seeks a declaratory order from the court that states 626 Sargent Ave. can be used as a restaurant, private club, drinking establishment and patio that

accommodates the scale of his proposal.

He seeks a similar order that rules he's been grandfathered the hall rental and private club licences of the former legion and that he be granted all other licences required.

The application argues city staff failed to recognize Tessema had been grandfathered the appropriate licences and an application for a conditional use should have never been required.

Coun. Cindy Gilroy previously raised safety concerns, pointing to the history of violence police have recorded at the Blue Nile, which was also echoed by the Spence Neighbourhood Association.

A hearing on the notice of appeal is set for Nov. 16.



SCULPTURE WHAT'S WITH THE EGG? Notice a half-egg-like sculpture go up at the corner of Broadway and Edmonton? It might look a bit like a melty snow hill, but it's a new part of the city's public art collection entitled Heaven Between. The leafy dome is suspended within the tree canopy and was designed to use natural light and shade during the day, "and create sensations of a mysterious internal candlelight at night," according to a city spokesperson. The shape is supposed to evoke a connection with the three great domes of Winnipeg: the Manitoba Legislative Building, Union Station and The Fort Garry Hotel. A small plaza with seating and landscaping will be completed in the spring. BRAEDEN JONES/METRO

Learn to survive the apocalypse

ADULT LEARNING

Workshop part of Manitoba Museum's adult series



Braeden Jones Metro | Winnipeg

Surviving an apocalyptic event in the prairies would take some preparation.

Luckily, experts at the Manitoba Museum are happy to share all their end-of-the-world endurance tips.

Part of the museum's new "adult evening" series, the Surviving the Apocalypse event Thursday night will offer visitors tips for adapting post-apocalypse with interactive activities located throughout the galleries.

Manager of museum programming Anya Moodie-Foster said the evening is all about "informal learning and lots of fun." "We've got an archaeologist to talk about skills of our ancestors like making knives and projectile points ... also a botanist, as not many people know what plants you can eat, what will kill you or what will nourish you," she said.

There will also be a shelterbuilding contest, and for the bravest attendees, an exercise in "eating lower down on the food chain" by eating crickets.

"But if you want to just dance the apocalypse away, there's also a DJ (DJ King Cabernet) and a dance floor in the festival hall as well," Moodie-Foster said, adding there's also a bar.

She said that the concept, which hinges on "bringing things families love into a more adult context" is all about reacquainting people with the museum.

"I think a lot of (Winnipeggers) come to the museum as children and maybe don't come again until they have their own children, so these events provide a time outside regular hours for people to come spark interest and enjoy (the museum) again," she said.

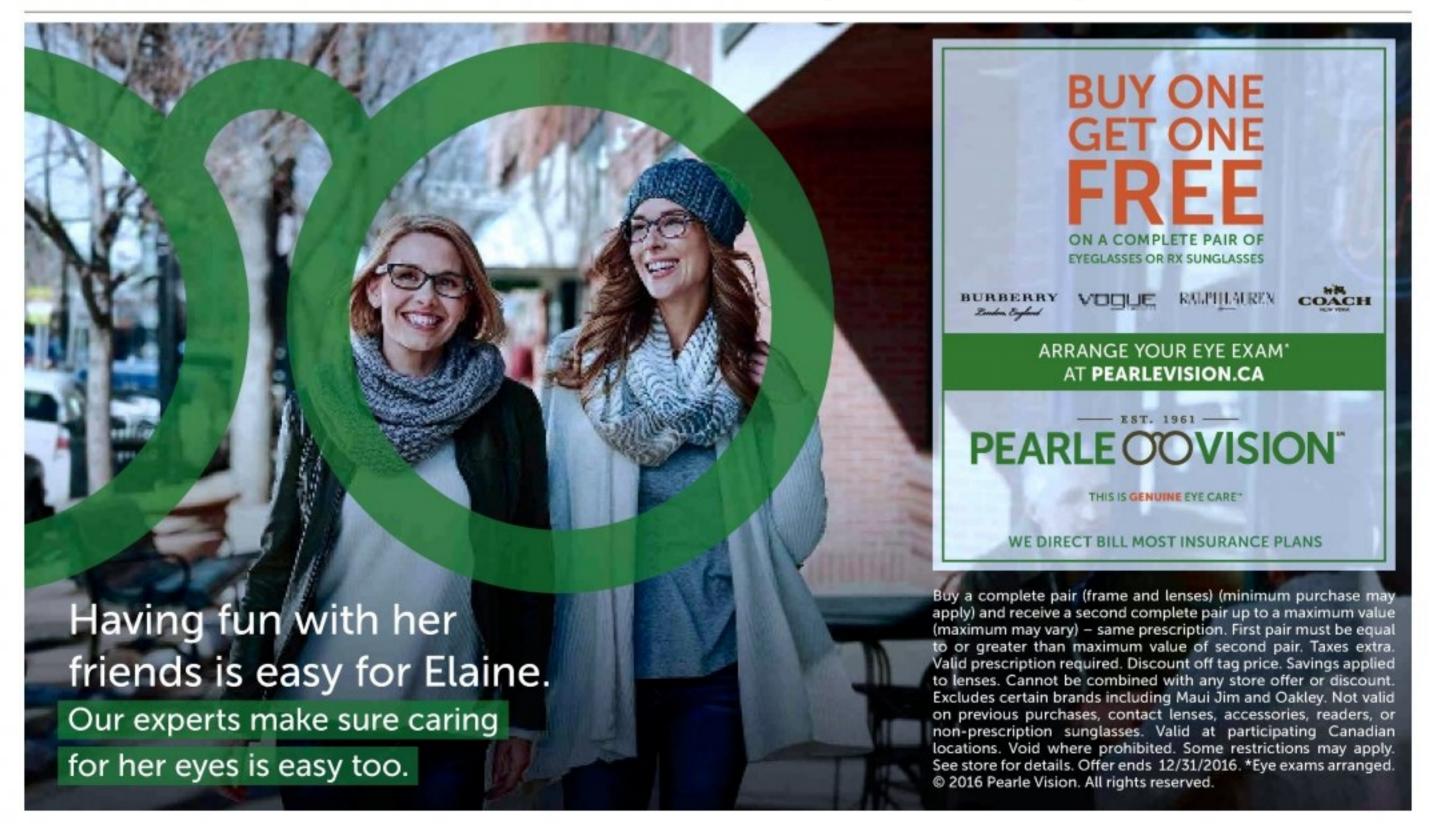
"We've been doing some in the science gallery for a number of years that were really successful ... so we started to do similar kind of adult evenings in the main galleries."

Safari night, in which people were guided around to different exhibits and taught about nature photography with very compliant "wildlife" was so popular the museum had to host a second night.

A late talk on the Franklin Expedition with a Parks Canada underwater archaeologist attracted more than 200 attendees.

Moodie-Foster is expecting at least as many people will turn up to talk about surviving the apocalypse, Thursday between 7 p.m. and 11 p.m.

"Word is getting out that (the museum) is a fun place for adults to come to learn something and have a good time too," she said.



Morantz is all aboard after a fresh test-run

INFRASTRUCTURE

New portfolio spurs BRT ride and councillor is impressed



Braeden Jones Metro Winnipeg

Councillor Marty Morantz doesn't ride the bus often, but after a recent city hall shuffle put transit into his portfolio, he decided to get better acquainted with the system.

"I wanted specifically to check out the rapid transit corridor," he said of a Sunday afternoon excursion he took from the Harkness bus rapid transit (BRT) station to Jubilee station.

After spending the past two years chairing the city's finance committee, Morantz is now heading the standing policy committee on infrastructure renewal and public works.



Coun. Marty Morantz said the BRT's 80 km/h speed limit makes for quicker travel across town than expected. METRO FILE

He said he expects there will be a "big learning curve" in his new role, similar to when he was first appointed to finance.

As he'll chair his first public works meeting Monday, he felt it prudent to get some time on the line before the city works to expand the BRT network under his watch.

DAYS

"It was great, I was very im-

pressed with the service - I have to say it's quite a different experience from being on an ordinary bus route with traffic lights and stop signs," Morantz said of his BRT test-run. "It's really more akin to how you might feel if you were on a subway, for example, just moving

from station to station."

Morantz said he's always been a proponent of rapid transit, and after checking it out firsthand he can see how expanding southwest down to the University of Manitoba is going to be "tremendous" for transit users.



It's really more akin to how you feel on a subway.

Marty Morantz

"I think the city needs to have an expanding rapid transit system in order to grow for the future," he said.

The Southwest BRT extension is one of the biggest projects on the agenda for Morantz in his new position, and he's expecting a verbal update on the project status Monday. But there are other major files in his portfolio he's also taking a close look at including biking and active transportation (AT).

\$50 VALUE

Mayor wants fees in 2017 capital budget



Stephanie Taylor Metro | Winnipeg

The city has yet to see any growth fee revenue, but the mayor says it's time to earmark those future dollars for next year's capital budget.

Brian Bowman said that there's been zero consideration given to growth fees in the 2017 budget planning. But that's about to change since council voted 10-6 to usher in the new fees last week.

"I haven't had an opportunity to speak to council or the administration since last week about 'OK, now that it's passed, how might it impact the capital budget so that we can flag what the anticipated revenues are for a dedicated fund?" he said during an interview on Tuesday.

The city is expecting to collect \$7-\$10 million in impact fees from some new builds on the outskirts of the city starting in May 2017.

For constructing a new 1,800-square-foot single dwelling residential home, a developer would be charged a fee of under \$10,000.

In an interview with Metro on Tuesday, Bowman said that growth fee revenue is intended for projects that support the development vision outlined in OurWinnipeg, the city's 25-year planning document.

"We're going to have to budget for [growth fees] in terms of setting aside some funds. Ultimately council will be deciding how those funds will be used."

He maintains that growth fee revenue will have no impact on the city's 2017 taxsupported operating budget that covers the day-to-day cost of city functions.

The city's newly-named finance chairman Coun. Scott Gillingham (St. James-Brooklands) said he has yet to sink his teeth into that file.

But in the coming days he expects to see the projections for new revenue from growth

"We'll certainly be scrutinizing the collection of those fees and the dedication of those fees, and eventually the allocation of them."

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FOCUS ON EDUCATION



University of Manitoba Faculty Association (UMFA) went on strike and hit the picket lines at the entrance to the university. THE CANADIAN PRESS/JOHN WOODS

Faculty walks the line ahead of talks

Strike moves ahead but sides hopeful deal can be reached

Professors at the University of Manitoba left their classrooms for the picket line Tuesday, creating uncertainty for 29,000 students at the province's largest university.

The strike by the 1,200-member faculty association came one day after the union rejected a contract counter-offer from the school and one day before conciliation talks were scheduled.

"We'll be at conciliation and we're hopeful ... that that will produce results, but picket lines will remain up during the conciliation process," faculty association president Mark Hudson said.

The faculty's last collective agreement expired in March. Mediated talks broke down last week over issues including

wages, workload and performance assessments.

The university also is hoping conciliation will lead to a deal, but has already offered compromises, said John Kearsey, vicepresident of external relations.

The university has offered a seven per cent salary increase over four years, while the association is seeking a 6.9 per cent raise in one year.

Hundreds of classes were still held Tuesday. Most were taught by sessional instructors not represented by the faculty union. Both sides said some union members were going to continue to teach for at least one day.

The Manitoba government told the university last month that it would like to see a zero

per cent increase in the coming year to help the province battle its deficit. Premier Brian Pallister has not ruled out seeking similar wage freezes across the public sector.

While Kearsey said the government's request was not uncommon, Hudson called it a bomb that was dropped in the middle of contract talks. Hudson said even if the union accepts a wage freeze, the university has not shown enough flexibility on nonmonetary issues.

Pallister said Tuesday his government will not try to force an end to the strike. "We have to respect the process, and I do."

Under Manitoba labour law, either side can trigger binding arbitration if the strike drags on for 60 days or more. Hudson said he is hoping it won't come to that.

Faculty at the university last went on strike in 2001. Brandon University was hit with a faculty strike in 2011 that lasted 45 days. THE CANADIAN PRESS

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EQUALITY

UN group chides Canada for its treatment of black people



Black Lives Matter activists lead the annual Pride Parade in Toronto on July 3. MARK BLINCH/THE CANADIAN PRESS

A UN working group on issues affecting black people is raising alarm over poverty, poor health, low educational attainment and overrepresentation of African Canadians in justice and children's aid systems.

The findings were made by the United Nations Working Group of Experts on People of African Descent after its first cross-Canada mission in October.

Previous attempts to visit

Canada by the group failed under the former Conservative government, but it was made possible this time with an invitation by the Trudeau Liberals.

"Canada's history of enslavement, racial segregation, and marginalization, has had a deleterious impact on people of African descent which must be addressed in partnership with communities," the group wrote in its preliminary report.

Dena Smith of Toronto's African Canadian Legal Clinic was happy the working group acknowledged some of the key issues faced by the community.

While the findings and recommendations are not binding, Smith said they highlight the challenges faced by African Canadians for the international community and hopefully put more pressure on Ottawa to rectify the inequities.

"The situation is only going

to get worse," said Smith. "We have families in the community torn apart at an alarming rate. The future looks pretty bleak for our young people."

The UN delegation was in Toronto, Ottawa, Montreal and Halifax to meet with government officials, community members and rights groups to identify good practices and gaps in protecting the rights of black people.

TORSTAR NEWS SERVICE

'Great' need for funding

INFRASTRUCTURE

Liberals eye major spending plans as tonic for growth

The federal Liberals are placing their hopes for economic growth on increased infrastructure spending and wooing foreign investment and talent to Canada.

In an economic update Tuesday afternoon, Finance Minister Bill Morneau revealed the Liberals intend to spend an additional \$81 billion over the coming 11 years on federal infrastructure projects.

"This is unprecedented in Canada's history, and it comes at a time when the need is great," Morneau told the House of Commons.

The Liberals are framing their double-down on infrastructure spending against the backdrop of a sluggish national plan." TORSTAR NEWS SERVICE

BY THE NUMBERS SPENDING BREAKDOWN

Amount of

spending allotted

for green projects

economy and uncertain international growth.

Since the March budget, private sector forecasters have downgraded their expectations for the Canadian economy, predicting it will grow by 1.2 per cent in 2016-17, down from 1.4 per cent, and just 1 per cent in

The slowdown is taking its billion, after drawing on the set aside as a rainy day fund. each of the coming five years.

Private sector estimates expect Canada's debt-to-GDP ratio to remain relatively stable over the next five years, even with the increased borrowing.

Yet the plan for higher spending and deeper deficits drew the ire of the opposition Conservatives, who accused Prime Minister Justin Trudeau of "doubling down on his failed

for social

2018-19, down from 2 per cent.

toll on federal revenues, with this year's budget deficit now expected to come in at \$24.7 \$6 billion that the Liberals had Indeed, the Liberals now expect to use that contingency fund in

Amount allotted infrastructure



Amount of

spending allotted

for public transit

IN BRIEF

LGBTQ 'purged' from military, public service file class-action lawsuits

The Liberal government is facing Canada-wide classaction lawsuits filed on behalf of LGBTQ people who say they were forced out of their jobs in the military and government. "We have been waiting patiently for the federal

government to take action to address these grievances," said Doug Elliott, a Toronto-based lawyer and gay rights activist. PM Justin Trudeau is expected to make a formal apology to people in the LGBTQ community for past discrimination sanctioned by the state. THE CANADIAN PRESS



Candidates trade blows

★ U.S. ELECTION ★

Clinton, Trump paint the other as total disaster

Donald Trump could draw the United States into nuclear war, Hillary Clinton warns. Clinton would plunge the country into a constitutional crisis, he says.

As the caustic presidential race lurches toward the finish line, each candidate is aggressively casting the other as a catastrophic choice for the White House. Making an affirmative case about their own qualifications and vision has become a secondary priority.

It's an ugly conclusion to a contest featuring two of the most unpopular presidential candidates in modern American politics. The sexual-assault accusations that have trailed Trump in the race's closing weeks and a new FBI review into Clinton's email habits seem likely to only reinforce the public's negative

perceptions, leaving the candidates to essentially argue to voters that they're the best of two unappealing options.

"I would rather be here talking about nearly anything else," Clinton said Tuesday during a rally in Florida where she levelled a series of attacks on Trump's character and preparedness for the White House. "But I can't just talk about all of the good things we want to do."

Indeed, Clinton's speeches in this final full week of campaigning have overwhelmingly focused on Trump. On Monday, she warned against giving Trump the authority to order a nuclear attack, bringing along a former nuclear launch officer to bolster her point.

"Imagine his advisers afraid to tell him what he doesn't want to hear, racing against his legendarily short attention span to lay out life-and-death choices too complex to be reduced to a single tweet," Clinton said Monday in Ohio. "Then imagine him plunging us into a war because somebody got under his very thin skin." THE ASSOCIATED PRESS



An Iraqi boy who was displaced from the village of Abu Shuwayhah, south of Mosul, carries a white flag as locals return to their village after the arrival of Iraqi forces. AFP/GETTY IMAGES

Major urban warfare lies ahead for Mosul

Iraq's special forces fought their way into the outskirts of Mosul on Tuesday, taking its state television building despite resistance by Daesh that is only likely to stiffen when combat reaches the inner city.

It was the first time Iraqi troops have set foot in Mosul in more than two years. The advance was the start of what is likely to be a grueling and slow operation for the forces as they fend off booby traps and ambushes in difficult, houseto-house fighting expected to take weeks.

Troops entered Gogjali, a neighbourhood inside Mosul's city limits, and later the outskirts of the more built-up Karama district, according to Maj. Gen. Sami al-Aridi of the Iraqi special forces.

Inside the village of Bazwaya, five kilometres east of Mosul, white flags hung from buildings, put up a day earlier by residents eager to show they would not resist the Iraqi forces' advance. Some residents stood outside their homes, and children raised their hands with V-for-victory signs.

The families, estimated to

number in the hundreds, will be evacuated from the village to a camp for displaced persons, according to Brig. Gen. Haider Fadhil of the Iraqi special forces.

As the fighting raged, several of the newly displaced from Bazwaya could be seen carrying white flags and driving a herd of sheep toward the camp. THE ASSOCIATED PRESS



MELIEWS

Your essential daily news

Wednesday, November 2, 2016

SAMANTHA EMANN ON REAL EFFECTS OF DIGITAL HARASSMENT

Virtual reality is lifelike in a way we have never experienced. It's not a stretch to imagine that getting virtually groped or stalked can also feel real.



Virtual reality (VR) has become the Wild West of the gaming world. Immersive games that make use of 360-degree screens, lifelike controls and headsets like the Oculus Rift are a new frontier that is exciting and filled with the potential for great things.

But like the real Wild West, that freedom comes with a darker side. And one aspect of that is sexual harassment.

The way we talk about and handle sexual harassment and assault is changing, slowly, thanks in large part to women who spoke out and told their stories. And that's true in the virtual world, too.

Take Jordan Belamire (not her real name) who wrote on Medium.com about her experience being sexually harassed on the virtual multiplayer game QuiVr. A fellow player, after figuring out she was female, used his character to virtually rub her character's chest and genital area. Despite her efforts to dissuade and disengage, this player continued to follow her around the gaming space until, finally, she gave up and threw off her headset.

While sexual harassment in VR is not the same as real life, its effects need to be taken seriously.

"I've been groped in real life, once in a Starbucks in broad daylight. I know what it's like to happen in person," Belamire, 30, told CNN. "The shock and disgust I felt (in QuiVr) was not too far off from that."

But the feedback Belamire received on social media was reported to the tune of, "Please explain how someone can be assaulted in any form using VR. This seems to be someone

There is room to be sex-positive in the new virtual-reality world.



VIRTUAL VITRIOL It's not in players' or gaming companies' interest to let harassment continue, Samantha Emann writes. ISTOCK

whining just to whine."

Experiencing games and apps in VR feels lifelike in a way we have never previously experienced. It's not a stretch to imagine that negative things, like getting virtually groped or stalked, can also feel real. Yet we are supposed to treat it like just another game.

And, as tech journalist Taylor Lorenz told me, it's not in any company's best interest to have sexual harassment on their platform. No one wants to pay for an unpleasant or even traumatizing experience.

In response to Belamire, QuiVr's developers started allowing players to choose to put a virtual shield around their character, which makes both the target and the harasser invisible to one another.

I applaud them for offering a solution that gives some power to those being harassed. But I believe that's not enough. It's a Band-Aid. It's too focused on victims and not enough on reprimanding perpetrators. There needs to be consequences for virtual creeps within the games themselves, including banning serial harassers from being allowed to play at all. Some companies are already doing things like this.

Keeping sexual harassment out of gaming doesn't mean keeping sex out of it. There is also room to be sex-positive in this new VR world — with the right education.

"We have to have intelligent conversations and thoughtful sexual experiences through games because we are bridging that gap between what is real and what is not ... and it's not wrong to want to go and try and experience something in VR that is along pornographic lines as long as everything is consensual." said Leah Jewer, the co-founder of Girls on Games, an organization that promotes gender diversity and inclusivity in gaming.

Her co-founder, Catherine Smith-Desbiens, told me sexual harassment is "not just a symptom of the gaming world, it's a symptom of rape culture. It's a very systemic problem. We have to attack the trolls the same way we have to convict the sexual offenders."

Admitting virtual harassment is a problem is not equating it to real-life assault.

The adage "Boys will be boys" is no longer an acceptable excuse for violating and harmful conduct. We cannot be content with "Trolls will be trolls," either.

It's not who we are, as gamers or as people. And if more of us are willing to talk about this issue, instead of scoffing at it, the better off our diverse and inclusive virtual community will be.

Samantha Emann

(@smemann) is a copy editor. She is a co-host of Scrub League, Metro's podcast on competitive gaming. (metronews.ca/scrubleague).

VICKY MOCHAMA

Down with the made-up idea that makeup is a tool of the patriarchy

I recently got into the habit of watching makeup tutorials before bed. You can find them all over social media. I have seen countless tutorials, yet my eye shadow strategy still amounts to "smudge some stuff around your eyes." But in watching people transform themselves with makeup, I've had to think about my relationship with it.

As a pre-bed ritual, these videos fascinate because they're like home renovation shows. Every one is like a mini episode of Holmes on Homes. I know I will never remember how to shift a load-bearing wall, but I can admire how the new open-concept living room/kitchen makes the house feel bigger. Makeup is a personal renovation; even covering up can reveal something new.

Some of the magic relies on contouring, which uses bronzers, concealers and foundations to give shape to one's face. That we can slightly shift our noses with high-level brushwork and a minimum of three products is nothing less than a true merger of art and science.

Inspired by this, I wander into a beauty emporium to pick up some of the products that I've seen. At Sephora, a glamorous creature in black asks all questions that I had not thought of: "What's your skin type?" "Do you have an angled brush set at home?" "What are you trying to achieve with your eyebrows?"

The answers in order: Visible, I've never seen one but anything's possible, and world domination.

Once, I answered 'combination skin' because 'all of the above' is a plausible answer. The employee lifts my chin with a single finger, peers at me and says, "Oh, no. You have dry skin." And he was right! I have had my skin on my face for my whole life, yet I never noticed that it was dry. This stunning beautician was my personal Mike Holmes and he was here to make it right.

I used to believe that makeup was yet another tool of the patriarchy. The extra 20 minutes I spent getting ready was one more way that men had tricked me into wasting my own time. I could have been learning the sciences or how to do a lay-up in that time.

But as it turns out, the fact that I can't do a lay-up has nothing to do with the patriarchy or my blush. It's mostly that I'm not interested. As CoverGirl has shown in appointing its first male Cover-Girl, makeup isn't inherently about gender, or feminism for that matter. There are things that some people are interested in - like watching people put makeup on and things they are not, like whether one's skin is dry or combination.

At some point in your feminist education, you learn that pretty much everything is a construct. Race is a construct. Gender is a set of ideas and performance.

If everything is made up, then why not your face?



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Recipes with a side of rants

APPETITE

Culinary bad boy Bourdain's new book for a 'normal family'

Author, television host, recovered addict and former chef Anthony Bourdain has taught President Obama to slurp noodles in Vietnam, got a scorpion tattoo with rock stars in Nashville and drunk snake-infused liquor with karate masters in Japan.

But cooking at home for his nine-year-old daughter and her young pals is what inspired his latest, Appetites: A Cookbook.

But don't think Bourdain, 60, is becoming soft.

The book is, as expected, laced with profanity and proclamations about the stupidity of brunch and that third slice of bread in a club sandwich.

Plus, the book's darkly cartoonish cover — designed by Ralph Steadman — was too outrageous for two major U.S. retailers, according to Bourdain, and had to be wrapped in paper like an adult magazine before it could appear on shelves.

The book itself includes family favourites, easy mains, sandwiches, food from his travels, and the occasional rant. And while his wife is featured prominently in Appetites — which he has described as a "dysfunctional family

cookbook" — the couple reportedly separated just weeks before the book was released this week.

New York-based Bourdain is the author of 13 books, including five works of fiction and the bestselling confessional Kitchen Confidential: Adventures in the Culinary Underbelly. He's also the Emmy-winning host of CNN's Parts Unknown, which takes Bourdain on the road for 250 days of the year.

We chatted with the outspoken, erstwhile chef en route to Philadelphia during a speaking tour he's calling "The Hunger."

Your last cookbook was out more than 10 years ago. Why did you decide the time was right for, as you've said, a cookbook for "normal people"?

I'm a father now. That's been my audience for the better part of nine years, cooking for a little girl and her friends. That's a major adjustment in priorities, how I live my life, and what I am cooking. It goes beyond taking into account the fact I've got a little girl sitting there. More often than not she is deciding what we're eating.

The book is reflective of that. I never really cared whether what I wrote was useful or not.

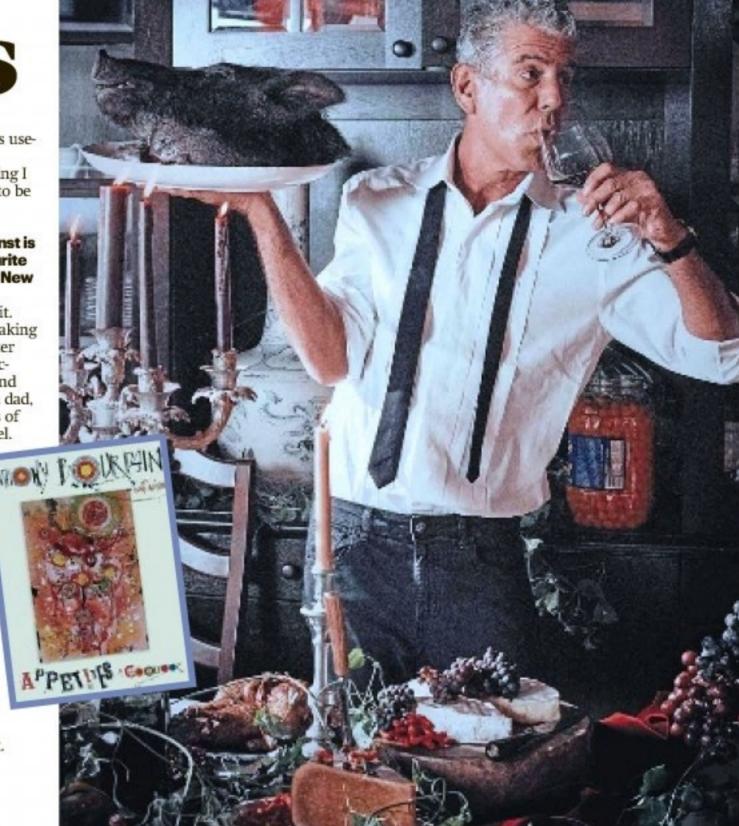
This is maybe the first thing I wrote that was intended to be useful.

Something you rail against is brunch, which is a favourite pastime in Toronto or in New York for that matter.

People love it, chefs hate it.
But you're getting into making
pancakes for your daughter
and her friends? Yeah, I actually like cooking eggs and
breakfast now since I'm a dad,
but only after many years of
hating it on a cellular level.

Do you ever get tired of being referred to the "bad boy" of the culinary world?

I don't care. I got that from the beginning with Kitchen Confidential, but the period of time I was writing about, even back then, had already passed. I didn't see myself as a "bad boy" then, and I never took it seriously. I don't care to either reinforce that or disprove it.



Author, television host and former chef Anthony Bourdain dedicates his newest cookbook to his daughter. HANDOUT



This is maybe the first thing I wrote that was intended to be useful. Anthony Bourdain





Payton's new role full of charisma

INTERVIEW

Walking Dead actor went from fandom to King Ezekiel

The Walking Dead's newest cast member, Khary Payton, stands behind the show's controversial season 7 premiere, noting "it was a brutal episode but it was also six years in the making."

Payton's new character, King Ezekiel, was introduced in Sunday's episode, a week after the gruesome season opener in which two characters were killed in vicious fashion.

"This is a zombie apocalypse you're going to lose people that you care about," Payton said Monday in a phone interview.

"I think if it happened in a Shakespearean way in which all the action takes place offstage and someone just runs in and tells you Glenn died, everybody is going to be disappointed. There's a certain amount that you have to experience in order for you to be satisfied, from a storytelling aspect.

"And the truth is that if you've been connecting with characters for several years and you're invested in them, it's supposed to be brutal when they go - that means that they meant something to you and that's what we're trying to do with this show. And frankly, if there is no conflict, then there is no drama."

As leader of a community called the Kingdom, Payton's charismatic character sits on a throne with a snarling tiger (which is created with special effects in post-production) by his side. He offers his followers protection from threats in the outside world — be they living or dead. He appears to be an ally for Rick and his group, who are reeling from their deadly encounter with Negan and his gang, the Saviors.

Payton, who hails from Georgia, acknowledges there is a duality to friendly King Ezekiel.

"I think when you're living in a crazy world, you've got to somehow deal with it in maybe an unconventional way," said

'It's like that Seal song, 'We're never gonna survive unless we get a little crazy."'

The character stems from the comic books that inspired the AMC series, but the onscreen version has some differences.

"I enjoy reading the comic books, but I don't put any stock into the way that the comic books are going and what we might do on the TV series itself,"



The Walking Dead's newest cast member, Khary Payton, who plays King Ezekiel, stands behind the show's controversial season 7 premiere. THE CANADIAN PRESS/HO-AMC, GENE PAGE



The thing that you fight in this show is your own sense of humanity.

Khary Payton

said Payton.

"Every time I think I've got it figured out, (writer-producer) Scott Gimple will throw me a curveball. So I just try to keep myself open to all the possibilities."

Payton said he was a fan of the show before landing the role, so it was easy to integrate himself into the cast. But he had to keep the part a secret.

"I've done video games and things where they want you to keep it a secret for two years," said Payton, who has also voiced characters for several animated series including Teen Titans and Young Justice.

"But this was about six months of not being able to talk about this story and three

months of not being able to even say that I was on The Walking Dead, so it's been a long time.

"When I shot the first episode, they threw a sheet over me and I had to dive in the back of the transportation truck and make sure that no one saw me coming or going — and fortunately nobody really knew who I was, so it was pretty easy.

"But it was also kind of a weird experience to get the biggest job of my life and not be able to say a word about it."

Payton couldn't say much about future episodes, but noted that when it comes to fighting villains, there's a bigger picture

"I think the thing that you fight in this show is your own sense of humanity and how much of your humanity you're willing to give away to fight, to survive - are you going to live or are you just going to merely survive?" he said.

"The villains may change but at the end of the day the fight is within really yourself."

THE CANADIAN PRESS

JOHANNA SCHNELLER WHAT I'M WATCHING

Family drama preaches to the secular choir

THE SHOW: This is Us (CTV) Season 1, Episode 4 THE MOMENT: The sermon in the store

Randall (Sterling K. Brown), who was adopted at birth by a white family, is shopping for pants with his birth father William (Ron Cephas Jones), whom he met only recently. Earlier, Randall's neighbor had called security because she thought William was a vagrant, and Randall had waved off the incident.

"You didn't like me apologizing for you," Randall says now. "Because I grew up in a white house, you think I don't live in a black man's world."

William protests, but Randall continues: "You know the one — where that salesman has been eyeballing us ever since we came in. Where they'll ask for an ID with my credit card, even though they haven't asked for anybody else's. Plus a million things every day that I have to choose to let go. Just so I'm not pissed off all the time. Now try on the damn flat-front chinos."



Sterling K. Brown gives a nuanced performance as adoptee Randall in CTV's This is Us. CONTRIBUTED

This Is Us is the kind of precision-crafted, network family drama - think Parenthood, Brothers & Sisters, thirtysomething — that acts as a secular church, communicating to us the rules of civil society. We witness good people navigating life's quandaries, and assess whether their choices are right or wrong.

This may seem square given our current jones for antiheroes, where we delight in watching

flawed people make bad choices. But as last May's record-breaking response to the teaser trailer for This Is Us proved (60 million Facebook and YouTube views), if a secular-sermon show is written and cast as well as this one. there's a real hunger for it.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



The Cruze leaves smiles for miles



THE CHECKLIST 2017 CHEVROLET CRUZE HATCHBACK

THE BASICS

Engine: 1.4L turbo 4-cylin-

Power: 153 hp, 177 lb-ft of torque)

Transmissions: 6-speed manual, 6-speed automatic

Fuel Economy (L/100km): 8.3 city, 6,4 hwy, 7.4 com-bined (LT manual) Price: \$20,595



- · Rigid chassis = more fun
- Sharp styling
- Light and airy cabin

LEAVEIT

- Tire noise in Premier trim
- Manual gearbox is boring
- Automatic feels slow

· Still no spice

REVIEW

Five-door adds a sporty option to the Chevy family

Michael Accardi AutoGuide.com

In the perpetual renaissance city of Detroit, Chevrolet has introduced a car it hopes will spark a five-door renaissance in North America: the 2017 Cruze Hatchback.

This marks the first time North American shoppers are offered the Cruze in multiple body shapes, and Chevrolet is hoping the hatch's 47.2 cubic feet of cargo capacity, coupled with the brand's commitment to connectivity, will help introduce the Cruze to a new set of buyers.

The Mexican-made five-door gives the Cruze lineup a functional and sporty-ish choice that the brand hopes will appeal to a more male, more affluent and more urban-centered user base than the sedan.

Further aiding Chevy's drum for new drivers is the addition of a 1.6-liter diesel engine in 2017, which will be available at multiple price points across the Cruze family in the hopes of courting spurned Volkswagen TDI lovers.

Premier shoppers can go one further and opt for the

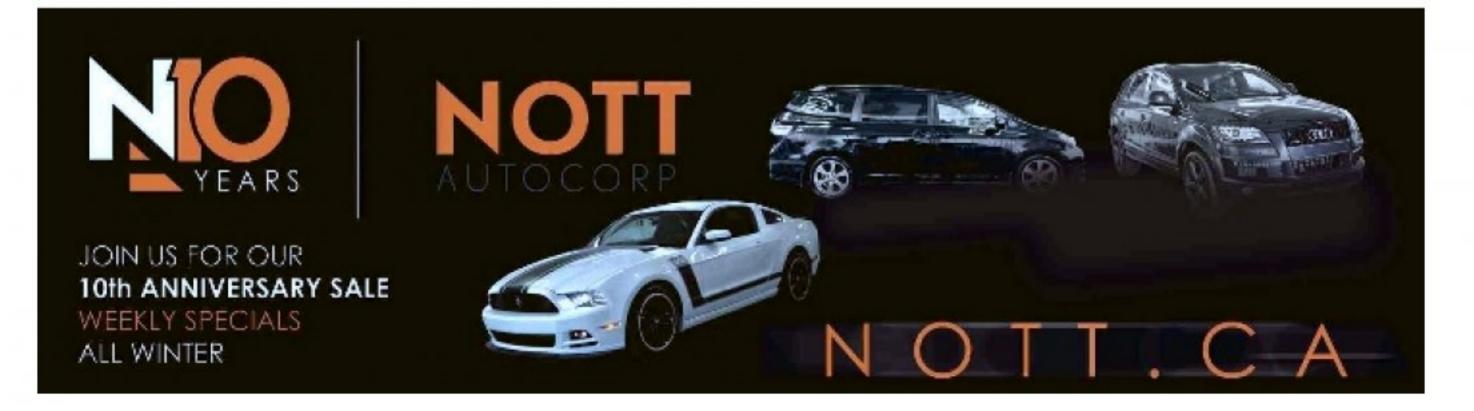
Driver Confidence II Package, which adds IntelliBeam automatic highbeam control, forward collision alert, following distance indicator, and lane departure warning with lane keep assist.

The 153-horsepower 1.4-liter turbocharged four-cylinder carries over from the sedan. as does its 106.3-in wheelbase, the biggest change — besides its new found booty - is an eight-inch shorter overall length, which conspires to change everything.

Inside, the new hatchback posts its most significant gains over the four-door in carrying capacity, dwarfing its sibling by almost double with the seats up, and triple with the seats down. I was told the sedan and hatch actually share rear doors, as evidenced in the modest headspace gains, but the five-door does add a feeling of airiness along with improved rearward visibility.

The 2017 Chevrolet Cruze Hatchback isn't a car that will make memories in and of itself, but instead, it's a tool that Chevy hopes will offer shoppers the freedom to make new memories wherever the road may take them.

No, it's not a Focus RS, Civic Type R, or even a VW GTI, but that doesn't mean the 2017 Cruze hatch doesn't have plenty of smiles-per-miles potential. It's just a different type of smile, one that doesn't come from the visceral thrill of driving, but from the warm and fuzzy memories of a time well had.



Comedian Jay Leno's amazing garage

CAR COLLECTIONS

A rare visit uncovers old gems and new shiny projects



Sami Haj-Assaad AutoGuide.com

As I was closely inspecting a pristine Lamborghini Miura S, I hear a phrase I haven't heard in a long time: "Excuse me, sir, don't touch that."

Oh right, I'm not at an auto show where I can lay my hands on all the cars, but instead, I'm looking at a private collection worth an unimaginable amount of money.

When you think of a car collector, you typically think it's a person who is just hoarding cars in the hope they'll appreciate in value some day. Sure, that person may have an interest in cars, but where I am today can only be described as a car collection for car people.

This is Jay Leno's garage, and as much as the former host of The Tonight Show is known for his stand-up and stage presence, it's clear he has a serious passion for things that move.

He has his own successful YouTube channel where he hosts celebrities and talks about some of his cars, and by watching those videos, you can get a good idea of what his garage is like, but it's nothing like the real deal.

This place is way bigger than what you see in the videos. There are cars everywhere and they're in great condition. They all have keys in them and the walls and shelves are filled with memorabilia. The place looks like a normal car guy's garage but multiplied

I arrived at the garage as part of a BMW Motorrad event. Leno loves motorcycles. He also loves pretty much anything else with wheels sports cars, sedans, convertibles, classics, steam-powered cars and even ones with jet engines.

Shortly after, Leno launched into a full tour. Armed with a mic and his automotive enthusiasm, he commandeered



Jay Leno's garage sports a wide variety of hot wheels. COURTESY BMW



Jay Leno. COURTESY BMW

the room. He pointed out an old pre-war Mercedes sitting in the corner, which was gutted; its giant pistons exposed and in plain view.

It's interesting that although this collection is already huge, Leno still manages to make it bigger and bigger. What's clear is that he's actually commuted in many of these cars, using them like regular people would a Toyota

Corolla or Honda Accord.

We continued to shuffle through the various garages. "There's a bunch of Italian cars," Leno says as we walk past them. The walls are covered in giant paintings of old car ads. Leno laughs at one of the images, "Sometimes they like the throw me in the pictures too." Sure enough, one of the characters in the ads looks just like him.

We arrive outside and are greeted with the sight of an MTT Y2K Turbine Superbike, one of Leno's favourite bikes. It looks awkward and big, but when it's finally fired up, the little thing sounds like an airplane. It smells funny, too. Leno jokes that since this uses a combination of diesel, kerosene and bio-fuels to run, it's classified as an alternate fuel vehicle. He takes it for a spin around the block. He explains that the two-speed bike is hard to get used to, as there's a slight delay on throttle on/off.

While it was clear that demonstration was the highlight of the night, Leno invited us to follow him into a few more corners of his garage, where there were more unfinished projects and soon to be completed cars. A strange contrast from before, a bunch of us helped Leno by pushing the bike into the garage. What happened to the no touching rules?

I make sure to shake Leno's hand before we leave. It's rare to meet someone who has a collection that they actually work on and drive the way they were meant to be.



John Herdman, who led Canada to a bronze medal at the Rio Olympics, is one of 10 contenders for FIFA women's coach of the year

Caps clip Jets' wings late

Beagle scores winning goal with 30 seconds remaining

Jay Beagle scored with 30 seconds left in the third period and Braden Holtby made 43 saves as the Washington Capitals extended their win streak to three games with a 3-2 victory over the Winnipeg Jets on Tuesday.

Marcus Johansson had a goal and an assist and Karl Alzner also scored for Washington (6-2-1). Evgeny Kuznetsov picked up a pair of assists in the team's last stop of a four-game road trip.

Washington had a 2-0 lead heading into the third period when Mark Scheifele netted his fifth goal for Winnipeg (4-6-0) at 13:04. While playing 4-on-4 he took a rebound and fired a shot through a narrow opening between Holtby and the post at 13:04 for his team-leading ninth point of the season.

Jets centre Adam Lowry tied it up at 17:35 with his first goal of the season on a patient shot.

Winnipeg winger Joel Armia fought for the puck off the boards and passed it to Lowry, who went in front of Holtby and waited until he was sprawled on the ice to fire the puck in the net.

But with 30 seconds left, Washington won the faceoff in Winnipeg's end and Beagle scored his first goal of the sea-

Connor Hellebuyck stopped 24 of 27 shots he faced for Win-



Capitals goaltender Braden Holtby makes a save on the Jets' Nikolaj Ehlers on Tuesday night. JOHN WOODS/THE CANADIAN PRESS

Johansson's sixth goal of the season was his fifth in three games and gave him a teamleading 11 points.

Winnipeg outshot the Capitals 14-8 in the first period and 15-9 in the second.

Alzner scored his second goal of the season with 44 seconds left in the first period. His shot from the point appeared to change

TUESDAY At MTS Centre



direction through traffic and went over Hellebuyck's glove.

The Caps have scored first in eight of their nine games this season, and won six of those

Winnipeg forward Shawn Matthias suffered a lower-body injury in the first period and didn't return.

Johansson's goal came after a Jets turnover in the neutral zone midway through the second per-

Kuznetsov got the puck and went behind the net before feed-

ing a pass to Johansson, whose shot from close in front went under Hellebuyck at 8:15 for the 2-0 lead.

Winnipeg was without injured veteran defenceman Tyler Myers and forward Drew Stafford.

The Jets head out for a threegame road trip, beginning Thursday with a rematch in Washington. THE CANADIAN PRESS

Bahamas return for Tiger

Tiger Woods said Tuesday he is playing his Hero World Challenge in the Bahamas the first week of December, which would be his first competition in more than 15 months if he follows through with it.

Woods left himself open to doubt by entering the Safeway Open last month, only to pull out three days later when he said his game was not ready. "I am excited to make my return at the Hero World Challenge at Albany," he said in a news release that announced the 18-man field for the unofficial tournament that awards world ranking points but is not part of any tour.

Woods is the tournament host of a holiday event that began in 1999. He is a five-time winner, all of those victories coming at Sherwood Country Club in Thousand Oaks, Calif., before the tournament moved to Isleworth in Florida and then to the Bahamas.

Woods, now at No. 831 in the world ranking, last played in the Wyndham Championship in August 2015 when he tied for 10th. He had two back surgeries over the next few months and has said he would not return until fully healthy. THE ASSOCIATED PRESS

Tiger Woods' current world ranking.



WORLD SERIES HEAD-ON COLLISION IN GAME 6

The Cubs' Ben Zobrist scores a run upon crashing into Cleveland catcher Roberto Perez during Game 6 of the World Series on Tuesday night in Cleveland. With a 3-2 series lead, Cleveland had the opportunity to win its first World Series since 1948. Go to metronews.ca for the story.

JAMIE SQUIRE/GETTY IMAGES



IN BRIEF

3-point master Allen retires

Ray Allen announced his retirement from the NBA on Tuesday, ending a career that saw him make more three-pointers than any player in league history and win championships with Boston and Miami.

Allen last played with the Heat in 2014. Allen spent 18 seasons in the league with Milwaukee, Seattle, the Celtics and then the Heat.

He made 2,973 threepointers, 413 more than anyone else has to date. THE ASSOCIATED PRESS

McDavid's magic nets October's first-star honour

Edmonton forward Connor McDavid, Montreal defenceman Shea Weber and Florida centre Jonathan Marchessault are the NHL's three stars for October.

McDavid was the first star with five goals and seven assists in nine games to power the Oilers to the top of the Pacific Division and Western Conference.

Toronto Maple Leafs forward William Nylander was rookie of the month. THE CANADIAN PRESS

Roethlisberger not ruled out for Ravens

Mike Tomlin isn't underestimating Ben Roethlisberger's healing powers. The Pittsburgh Steelers coach is keeping the door open for his franchise quarterback and his surgically repaired left knee to return on Sunday in Baltimore.

Roethlisberger tore cartilage in the knee during the second quarter of a loss to Miami on Oct. 16 and underwent outpatient surgery the following day. He stood on the sideline in sweatpants while backup Landry Jones played capably in a 27-16 loss to



GETTY IMAGES

New England and was able to practise during Pittsburgh's bye week and again on Monday.

The main issues for Roethlisberger Roethlisberger are swelling and pain toler-

ance, things that have hardly been a deterrent to Roethlisberger in the past. THE ASSOCIATED PRESS

RECIPE Easy Broccoli and Cheese Soup



Ceri Marsh & Laura Keogh For Metro Canada

Is there any need to sell this soup to you? It's got the two best sales pitches right in the name "easy" and "cheese." OK, broccoli gives you lots of vitamin C, but, honestly, does that compete with cheese?!

Ready in 35 minutes

Prep time: 10 Cook time: 25 Serves 4

Ingredients

- 4 cups broccoli florets and stem (cut off tough ends) chopped fairly small
- 1 onion chopped
- · 2 cups chopped, peeled potato
- 2 cloves garlic minced
- 1 glug olive oil
- · 4 cups stock (vegetable
- or chicken, low sodium) 11/2 cups milk

- 1 cup grated cheddar
- 1/4 cup grated Parmesan
- salt and pepper to taste

Directions

- 1. Sauté onion and garlic in a Dutch oven or other large, heavybottomed pot for about 5 minutes until soft.
- 2. Add vegetables and stock and allow to simmer for about 20 minutes until the vegetables are tender.
- 3. In small batches, ladle the broth and vegetables into your blender and puree. Pour each batch into a bowl as you go. Pour the puree back into your pot.
- 4. Over medium heat add milk and cheese and stir until the cheese melts. Add salt and pepper to taste.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

ACROSS

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DOWN

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49. Wee raptor

51. Nose-in-the-air

52. Hit's place on a

53. Valerie Harper

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58. Ms. Lupino's

62. Be beholden

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54.18-_ gold

vintage record

44. Disapproving

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20 Travel plans look exciting! Talk to a close friend or partner about plans to expand your world through further studies, publishing or exploring new places.

Taurus April 21 - May 21 Financial discussions will go well today, especially if they refer to shared property, inheritances, taxes and debt. Even discussions that are workrelated will financially benefit you.

Gemini May 22 - June 21 This is a good day to discuss business with others. It's also a good day to enjoy the company of others and just hang out with friends. Basically, you just want to be happy.

Cancer June 22 - July 23 You can accomplish a lot at work today because your relations with coworkers are positive. For some, workrelated travel will be pleasant and profitable.

Leo July 24 - Aug. 23 This is a positive day, because the Moon is in your fellow Fire sign dancing with lucky Jupiter. This encourages happy, upbeat vibes with everyone you meet. Enjoy playful activities with children.

Virgo Aug. 24 - Sept. 23 Family discussions will go well today. This is a good day to explore redecorating ideas that you have been considering.

Libra Sept. 24 - Oct. 23 This is a strong day for those of you who write, sell, market, teach or act, because your communication skills are strong. Enjoy conversations with siblings, relatives and neighbors.

Scorpio Oct. 24 - Nov. 22 Business and commerce are favored today. You also will enjoy buying something for your home or exploring realestate possibilities.

✓ Sagittarius Nov. 23 - Dec. 21 Today the Moon is in your sign dancing with your ruler, lucky Jupiter. That's why you feel happy, relaxed and content with the world. Things will tend to go your way today.

Capricorn Dec. 22 - Jan. 20 Solitude in beautiful surroundings will please you, so find a private moment just for yourself. Even a quiet cup of coffee with a newspaper will be a moment of luxury.

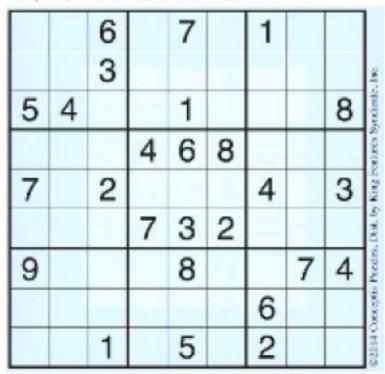
Aquarius Jan. 21 - Feb. 19 A female friend can help you today. Be open to offers of assistance. In turn, don't hesitate to ask someone for help.

) Pisces

Feb. 20 - March 20 Personal details about your private life are under discussion by others today. No worries, because things look positive. In fact, people are saying good things about you!

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

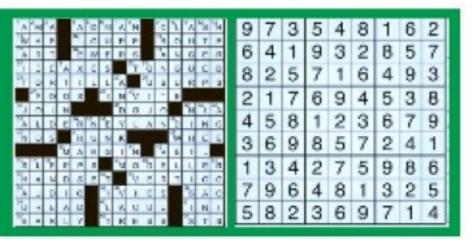




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Justin Trudeau

The Platform

Liberal

"I have a fundamentally different view than Stephen Harper of our public service. Where he sees an adversary, I see a partner. I believe that in order to have a public service that is valued by Canadians, and a source of pride for its members, it must be valued by its government. That begins with – and necessitates – respecting the labour rights of public servants, and trusting in their ability to provide effective, independent, and professional services for Canadians."

Justin Trudeau

Open Letter to Public Servants September 25, 2015 After 10 years of Harper government cuts, Justin Trudeau said he'd fix public services and repair the relationship with the workers who deliver them.

It's been a year since the election and we're still waiting.

The tone has changed, but now it's time for action.

Canadians are counting on us.

MAKE GOOD ON YOUR WORD.

